



# LAUNCHPOINT

Participant Journal



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## USING THIS JOURNAL ON YOUR SPIRITUAL JOURNEY . . .

Daily Launch Point was created to help you during your trip to serve the global church. It provides daily passages that align with the team devotions each morning, along with main points and questions to help you process each passage. You'll also have space for daily journaling but feel free to capture thoughts in your own journal for extra room. Use this guide at the beginning of the day to prepare for ministry and the end to capture God's work in and through you that day. Remember, this is a spiritual effort, so keep God first throughout your journey.

Your time alone with God each day is crucial to stay alert to his promptings. Make focused time to read his Word and allow him to show you new insights. Contemplate the questions and consider how to apply teachings from his Word. End your time alone with God in prayer, asking him to use and grow you. Journal each evening as you recollect God's work and presence throughout the day. Your journal will be a treasure when you return home and recall all the lessons learned and ministry experienced on this trip.

On this journey, you'll encounter biblical community that opens your eyes to a missional life. Pay attention as the Holy Spirit shows you how to live differently when you return home and transforms you so you can surrender yourself to Christ. Maximize your investment on this trip by letting go of any encumbrances and experiencing time completely devoted to Christ.

Finally, the last few pages of this guide provide some tips on how to end the trip well and share your story when you return home. The guide concludes with some probing questions to help you apply what you learn on the field to your daily life. Contemplate each question and capture your thoughts in the space provided while it's still fresh on your mind and heart.

Enjoy this journey and allow God to maximize your spiritual growth for his glory!

# MINISTRY DAY 1

**Theme:** Being Flexible and Willing to be Stretched for God

**Read:** Hebrews 12:1-11

**Focal Passage:** Hebrews 12:1-3

## Points for Consideration

- God has called and equipped Christians for his service.
- God defines the parameters of the mission he sets before us.
- Christians must be flexible and let go of barriers that hinder us.

## My Additional Thoughts

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## Questions for Application

- What barriers are keeping you from giving your best to God?
- How can you focus more on Jesus and less on yourself this trip?
- How does Jesus's sacrifice motivate you to sacrifice more for him?

**Daily Challenge:** Be flexible and allow God to stretch you this trip!

Today, I want the Lord to \_\_\_\_\_

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## NOW WHAT?

Now that you've experienced living on mission, what's next? First, make sure to capture any remaining lessons, feelings, and thoughts in your journal. You will want to refer to those in the future.


Second, don't let the temptation of home cause you to return to your comfort zone. God has allowed you to experience a more surrendered life. The journey of transformation doesn't end on your doorstep. Ask God to show you more areas of your life to surrender to him. Focus on a life devoted to his service for his glory and encourage others to join you.

Third, take home a passion for missions and instill it within others. Encourage friends and family to take a missions trip and experience spiritual growth themselves. Talk to your missions pastor at church about getting more involved in ministry locally and globally.

Fourth, pray for the ministry you served on the field. Pray for the Christian brothers and sisters you met and the community where they serve. Stay connected with your new Christian friends and encourage them. Make sure to join the prayer network and consider financially supporting your host missionaries. ABWE has missionary prayer resources available at the following link: <https://www.abwe.org/work/pray-for-missionaries>

Fifth, ask God to show you what he wants you to do next. Seek his direction and allow him to use you as he desires. Trust him, listen, and act on his promptings. Whether it's praying, giving, and/or going, make your life count for his glory and mission.

Finally, do you have a deeper interest in missions? Do you have a new passion for the gospel and missions? Are you interested in talking to someone about your options for missions in the future? If so, the ABWE Mobilization team would love to help you explore your options and potential calling to missions. Visit the following webpage to start the conversation: <https://www.abwe.org/go>. ABWE is here to help you in any way possible!



Ready to make a deeper impact?



**LAUNCHPOINT**

Short-term trips. Long-term impact.

[launchpointmissions.org](https://launchpointmissions.org)

**Launch Point trips are:**

- Explicitly gospel-centered
- Focused on long-term ministry impact
- United with local missionary and ministry partners
- Designed to maximize your spiritual growth
- Made to strengthen national churches and communities
- Built on a foundation of over 90 years of gospel advancement

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